











March 2024

CONCORD | LUNCH MENU

Student Lunch \$2.75
Adult Lunch \$2.71+ tax
All Lunch **MUST** include
Choice of:
Fruits or
100% Fruit
Juice and
may include:
1% low-fat
milk

Powering
potential.™

MON	TUES	WED	THURS	FRI
				Fresh baked cheese/ (P) pepperoni pizza ¹ Chicken patty sandwich, hashbrowns Peas and carrots oranges
Cheese Ravioli, with WG breadstick (P) Bacon Cheeseburger Steamed green beans grapes	Soft chicken quesadillas ⁵ Lettuce, tomato, cheddar and sour cream Cheese quesadilla Black beans Apple slices	Pizza crunchers, WG ⁶ breadsticks Grilled cheese Roasted broccoli Fresh bananas	French toast sticks, (C) ⁷ sausage and syrup (T) Hot dog on WG bun Fries Steamed carrots Fresh apples	
Chicken Alfredo w/ penne, WG garlic breadstick ¹¹ Chicken parmesan, roasted potatoes Peas and carrots Fresh pears	Beef nachos, black beans, cheese sauce, salsa & sour cream ¹² Chicken nuggets & sweet potato fries Steamed corn Fresh grapes	Breaded chicken drumstick, WG breadstick, mashed pot. ¹³ Grilled cheese Steamed carrots bananas	(P) Bacon, WG waffle, and syrup ¹⁴ Cheeseburger and hashbrown Apple slices	
Spaghetti w/ beef meatballs, WG garlic breadsticks ¹⁸ Chicken tenders, tots Steamed broccoli apples	Chicken fajita w/onions, ¹⁹ peppers, seasoned rice & beans, salsa Chicken nuggets, WG breadsticks and tots Fresh pears	Mac and cheese w/ fish ²⁰ sticks (T) hot dog on WG bun Roasted cauliflower Apple slices	Sweet and sour chicken and brown rice ²¹ Grilled cheese Steamed green beans oranges	
				

Menus are subject to change.



Alternate Daily Meals:
Bagel Packs with Cheese Stick and Yogurt
Apples, Oranges and Carrots
Pre-made Ham (P) and Turkey Sandwiches
Pre-made Assorted Salads w/ croutons
Fresh Fruit Smoothies with graham crackers
Fresh Fruit Parfaits with Granola
(P)= Pork (B)= Beef (C)= Chicken (T)= Turkey

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

aramark
STUDENT
NUTRITION

This institution is an equal opportunity
provider.